

Camp - Gear List

You will need the following for Camp but PLEASE do not purchase/provide shiny, brand new clothing/equipment. It is essential, however that all gear is clearly **named/labelled** & remember that it may get wet and dirty.

Essentials:

Gear bag. To store clothing that is not being used on the tramp.

Day pack (School bag with shoulder straps) To be carried daily with lunch and waterproof / spare clothing

Tramping pack with waist band – around 50 litres or large enough to carry supplies and provisions for an overnight stay in a tramping hut.

1 warm sleeping bag – we will be sleeping in cabins, tents and tramping huts

Single sheet (optional but advised) To go over the mattresses in the cabins

2 x towels One for activities / swimming and one for showering.

2 x shoes (sneakers/trainers) We will be tramping, wading in water and carrying out general outdoor activities.

1 pr jandals/sandals

Sufficient underwear for 5 days

Sleepwear

Polyprop/thermal top & leggings We expect the temperature to get below 5 degrees in the evenings and mornings

5 x T shirts for daily wear

6 x pr socks (2 pr warm woollen)

2 x pr track suit/warm trousers (not jeans) Primarily to be worn at the end of the day or in the mornings.

2 x (sweatshirt/ lightweight fleece)

2-3 x shorts – These need to be appropriate for the day time activities

Warm woollen jersey or thick fleece

Wind & water proof jacket (hooded) This must be more than 'showerproof'.

Toilet gear

Sunscreen & insect repellent

Swimming togs

1x woollen hat & 1 x sunhat

Torch (ideally head-torch)

2 x large plastic rubbish bag (one for pack liner and one for dirty clothes)

Mug, plate, bowl, knife, fork & spoon

1 x Tea towel

Biscuits or home baking or fruit for shared morning/ afternoon teas

Water bottle & lunch for first day. Water bottle will be used throughout the camp.